



REACH Program - Community Champion Application

The REACH program at District Health Department #10 (DHD#10) is looking for passionate individuals to help promote nutrition, physical activity, and healthy family lifestyles within their community. Open positions are limited to two people per county; pending program needs and funding availability.

Position Overview:

- **Role:** Community Champion
- **Time commitment:** Approximately 10 hours per month; The request for additional (or reduced) hours may be approved by the Program Manager based on needs and funding
- **Compensation:** \$34 per hour
- **Location:** Lake, Newaygo, and Oceana County
- **Period of performance:** February 1 – August 1, 2026

Qualifications:

- Must live or work in Lake, Newaygo, or Oceana County
- Able to work together with people and/or organizations
- Comfortable engaging with and talking to members of the community
- Bilingual (English/Spanish) is preferred but not required
- Interest in supporting at least one of the REACH strategy areas below

REACH Program Strategy Areas:

Applicants agree that they will work with DHD#10, Corewell Health, and/or Health Project to support at least one of the following REACH strategy areas:

- **Food Service and Nutrition Guidelines** - Partner with food pantries, workplaces, or community groups to make healthy food and beverage choices easier and more readily available.
- **Fruit and Vegetable Programs** – Support the growth and enhancement of programs that connect people with local sources of fruits and vegetables.
- **Safe and Accessible Physical Activity** – Help local entities create safe, accessible routes for walking, rolling, or biking to places like school, work, or the store.
- **Family Healthy Weight Programs** – Promote the Healthy Weight and Your Child program through information sharing and encouraging families to join.

Made possible with funding from the Centers for Disease Control and Prevention

Community Champion Responsibilities:

- Share REACH program information and opportunities with your community
- Encourage community participation and personally participate in REACH program activities and events such as surveys, focus groups, and programming
- Attend local and/or regional meetings (community coalitions, REACH Leadership Team, etc.), and events (conferences) to represent your community
- Provide feedback and insights to DHD#10 staff and the REACH Leadership Team on behalf of the community

Specific examples of past community champion participation:

- Help create flyers, videos, presentations, etc. to share information with the community
- Participate in walking groups to view the safety and walkability/bike-ability of the community
- Assist community members in completing surveys
- Promote the Healthy Weight and Your Child program to community members
- Translate written and spoken information between English and Spanish

Next steps:

Interested community members should submit a written email, or video, to reach@dhd10.org by 11:59 PM on Saturday, January 24, 2026, answering the questions below:

1. Are you a returning applicant or a new applicant?:
 Returning applicant (skip to Question #10)
 New applicant, continue with the rest of the application.
2. Full Name:
3. Address:
4. Phone Number:
5. Email Address:
6. What is your preferred method of contact (call or email)?
7. Which county do you live or work in?:
 Lake
 Newaygo
 Oceana
8. Are you bilingual in English and Spanish?:
 Yes
 No

9. Please briefly describe any experience you may have working with people or organizations in your community (examples volunteering, community events, local organizations etc.):

10. Are you able to commit 10 hours per month to supporting REACH activities?:

- Yes
- No (please write the number of hours you'd be able to commit to)

11. Do you have reliable transportation or access to transportation to participate in local activities as needed?:

- Yes
- No (please write what transportation to local activities would look like for you)

12. Which REACH strategy area(s) are you interested in?

- Nutrition – Food Service Guidelines
- Nutrition – Fruit and Vegetable Programs
- Safe and Accessible Physical Activity
- Family Healthy Weight Program

13. Please briefly outline how you feel you could best support this strategy area in your community as a REACH Community Champion?: