



**District Health  
Department #10**



## REACH Program - Community Champion Application

The REACH program at District Health Department #10 (DHD#10) is looking for passionate individuals to help promote nutrition, physical activity, and healthy family lifestyles within their community. Open positions are limited to two people per county; pending program needs and funding availability.

### Position Overview:

- **Role:** Community Champion
- **Time commitment:** Approximately 10 hours per month; The request for additional (or reduced) hours may be approved by the Program Manager based on needs and funding
- **Compensation:** \$34 per hour
- **Location:** Lake, Newaygo, and Oceana County
- **Period of performance:** February 1 – August 1, 2026

### Qualifications:

- Must live or work in Lake, Newaygo, or Oceana County
- Able to work together with people and/or organizations
- Comfortable engaging with and talking to members of the community
- Bilingual (English/Spanish) is preferred but not required
- Interest in supporting at least one of the REACH strategy areas below

### REACH Program Strategy Areas:

Applicants agree that they will work with DHD#10, Corewell Health, and/or Health Project to support at least one of the following REACH strategy areas:

- **Food Service and Nutrition Guidelines** - Partner with food pantries, workplaces, or community groups to make healthy food and beverage choices easier and more readily available.
- **Fruit and Vegetable Programs** – Support the growth and enhancement of programs that connect people with local sources of fruits and vegetables.
- **Safe and Accessible Physical Activity** – Help local entities create safe, accessible routes for walking, rolling, or biking to places like school, work, or the store.
- **Family Healthy Weight Programs** – Promote the Healthy Weight and Your Child program through information sharing and encouraging families to join.

Made possible with funding from the Centers for Disease Control and Prevention

## **Community Champion Responsibilities:**

- Share REACH program information and opportunities with your community
- Encourage community participation and personally participate in REACH program activities and events such as surveys, focus groups, and programming
- Attend local and/or regional meetings (community coalitions, REACH Leadership Team, etc.), and events (conferences) to represent your community
- Provide feedback and insights to DHD#10 staff and the REACH Leadership Team on behalf of the community

## **Specific examples of past community champion participation:**

- Help create flyers, videos, presentations, etc. to share information with the community
- Participate in walking groups to view the safety and walkability/bike-ability of the community
- Assist community members in completing surveys
- Promote the Healthy Weight and Your Child program to community members
- Translate written and spoken information between English and Spanish

## **Next steps:**

Interested community members should submit a written email, or video, to [reach@dhd10.org](mailto:reach@dhd10.org) by 11:59 PM on Saturday, January 24, 2026, answering the questions below:

1. Are you a returning applicant or a new applicant?:
  - ☐ Returning applicant (skip to Question #10)
  - ☐ New applicant, continue with the rest of the application.
2. Full Name:
3. Address:
4. Phone Number:
5. Email Address:
6. What is your preferred method of contact (call or email)?
7. Which county do you live or work in?:
  - ☐ Lake
  - ☐ Newaygo
  - ☐ Oceana
8. Are you bilingual in English and Spanish?:
  - ☐ Yes
  - ☐ No

9. Please briefly describe any experience you may have working with people or organizations in your community (examples volunteering, community events, local organizations etc.):
10. Are you able to commit 10 hours per month to supporting REACH activities?:
- ☐ Yes
  - ☐ No (please write the number of hours you'd be able to commit to)
11. Do you have reliable transportation or access to transportation to participate in local activities as needed?:
- ☐ Yes
  - ☐ No (please write what transportation to local activities would look like for you)
12. Which REACH strategy area(s) are you interested in?
- ☐ Nutrition – Food Service Guidelines
  - ☐ Nutrition – Fruit and Vegetable Programs
  - ☐ Safe and Accessible Physical Activity
  - ☐ Family Healthy Weight Program
13. Please briefly outline how you feel you could best support this strategy area in your community as a REACH Community Champion?: