

Healthy Eating in Mason County

Farmer's Markets

Grassa's Farm Market			US 10 and Stiles Rd Scottville, MI 49454
Ludington Downtown Farmers Market	Fridays 3-8pm early May-late September		N. James St. Plaza Ludington, MI 49431 ludington.mi.us/195/Farmers-Market
Orchard Market		(231) 843-4603	Old Pere Marquette Hwy, Ludington, MI and U.S. 31 N., Free Soil, MI

Food Pantries

Salvation Army - Mason/Ocean	Residents of Mason County only. Service hours are Mon-Fri 1-3pm; or by appointment. Call for more information	(231) 843-3711	114-116 East Melendy Ludington, MI 49431 http://www.referweb.net
Saint Mary Church	Service hours are Mon and Wed 12-2:00pm. Families may access the pantry once per month. Call for more information	(231) 757-4709	85 S. Madison Custer, MI 49405 http://www.referweb.net
Cornerstone Baptist Church	Residents of Mason County only. Service hours are Friday's 11am-1pm. Call for more information	(231) 845-1285	121 Nelson Road Ludington, MI 49431
Radiant Church	Residents of Mason County only. Pantry is open the 3rd Saturday of each month 10am-12noon. Call for more information	(231)845-9596	409 S. Washington Ave Ludington, MI 49431 http://www.referweb.net
Saint Simon Catholic Church	Residents of the City of Ludington only. Service hours are M-F 1-3:30pm. Call for more information	(231) 843-8606	702 E. Bryant Rd Ludington, MI 49431 http://www.referweb.net
Five Cap Mason County Office	Service hours are Mon-Fri 8:30am-5pm. Please call for specific information and eligibility	(231) 757-3785	302 North Main Street Scottville, MI 49454 http://www.fivecap.org
Scottville/Custer Food Truck	1st Tuesday of the Month 10am-12:30pm		Crossroads Church 1463 US-10 Scottville, MI 49454
Ludington Food Truck	3rd Tuesday of the Month at 10am-12:30pm		Cornerstone Baptist Church 121 Nelson Rd. Ludington, MI 49431

Food Assistance Programs

The Emergency Food Assistance Program (TEFAP)	Provides federally purchased surplus food to low income families	(231) 757-3785	302 North Main Street Scottville, MI 49454 http://www.fivecap.org
Commodity Supplemental Food Program (CSFP)	Provides nutritionally balanced food supplements to senior citizens and mothers, infants, and children on a monthly basis	(231) 757-3785	302 North Main Street Scottville, MI 49454 http://www.fivecap.org

Learn about low or no cost nutrition programs by contacting:

**MICHIGAN STATE
UNIVERSITY
EXTENSION**

Mason County MSU-Extension
111 S. Main St.
Scottville, MI 49454
(231) 757-4789
msue53@msu.edu
<http://msue.anr.msu.edu/county/info/mason>



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916 Diana St.
Ludington, MI 49431
(231) 845-7381
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