



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, June 7th, 2019, 10:00am-12:00pm
Ferris State University, University Center Room 116

Attendees: Christy Rivette (DHD#10); Gail Bullard (FSU); Katie Haner (DHD#10); Tom Rich (ACS); Sally Mellema (DHD#10); JoAnne Benthem (MSU-E); Karen Ripke (DHD#10); John Ringler (DHD#10 intern); Lauren Moran (BRCL); Donna Norkoli (DHD#10); Katie Miller (coordinator).

On phone: Katy Bies (DHD#10); Erin Barrett (DHD#10); Courtney Cole (MDHHS); Kim Chandler (MHC); Jody Hansen (MHC).

Agenda Item	Action Needed
<p>Roundtable & Introductions <i>Attendees shared the following updates:</i></p> <ul style="list-style-type: none"> Gail: FSU did not receive HRSA grant for opioid task force. JoAnne: “Cooking for One” class is going well. Donna: Finding out about Rx for Health grant in mid-August. HRSA grant (“LiveWell for your Heart”) is going well- several TTS referrals. More information here: https://www.livewell4health.org/livewellforyourheart Sally: There will be a follow-up Blue Zones meeting in Baldwin on June 12th (for those who attended the initial Blue Zones workshop). Erin: See attachment for project update. Katie will be sending out a follow-up meeting reminder soon re: MiThrive project in our region. Jody: Currently doing vaping education in schools. Also, recently received \$20k grant to sub-contract with City Planner on non-motorized transportation. Courtney: 2nd meeting for the Michigan Consortium is coming up on June 26th. Contact Courtney for details. Kim: Overseeing the 14-county Northern MI Diabetes Prevention Initiative. 	<p>Moving forward: Coalition members are asked to send program/agency updates to Katie M prior to the meeting, so that dates/details can be sent out to the list serv in a timely manner. An update form will be shared at future meetings, in lieu of sharing updates in person. If you would like to present at a future meeting, please contact Katie M.</p> <p>If you would like to include a program highlight or update in the quarterly NWMCDPC newsletter, please submit a summary (with pictures, if applicable) to: khaner@dhd10.org.</p>
<p>Coalition Updates <i>The following updates were shared:</i></p> <ul style="list-style-type: none"> Membership Committee: Recently reviewed the assessment that was sent out to members last fall; will be incorporating some changes over the next year (e.g. rotating meeting location, four in-person meetings a year with bi-monthly leadership calls). PSE Task Force: All counties received funding for their proposed Tencon projects. Task Force members will be staying after the meeting today to discuss next-steps for the Summit. Diabetes Prevention Task Force: Current goal of providing a DPP Coach training (possibly virtual to expand reach). Katie will re-send webinar dates for additional training opportunities. 	<p>See meeting slides and FY19 Action Plan for details.</p> <p>Contact Katie M if you would like to join the Membership Committee or participate in bi-monthly Leadership Team phone calls.</p> <p>Contact for more information: PSE Task Force Chair- Sally Mellema, DHD#10, smellema@dhd10.org</p> <p>Contact for more information: Diabetes Prevention Task Force Chair- Kim Chandler, Munson Healthcare Traverse City</p>

<ul style="list-style-type: none"> • Tobacco Task Force: Current bills in the House (106 and 155) pertaining to vaping regulations. Gov. Whitmer signed 106, which many organizations (e.g. ACS) oppose due to weak verbiage. No TTS trainings currently scheduled; encouraging providers to host trainings in-house. WSCC is a tobacco-free campus as of May 31st! The Tobacco Quitline will be rolling out a youth program July 1st. • LiveWell Website: Current newsletter will be coming out at the end of June or early July. 	<p>Contact for more information: Tobacco Task Force Chair- Karen Ripke, DHD#10, kripke@dhd10.org</p> <p>Contact for more information: LiveWell Website- Erin Barrett, DHD#10, ebarrett@dhd10.org</p> <p>To have content added to the LiveWell website, send to: ebarrett@dhd10.org, khaner@dhd10.org, or livewell4healthdhd10@gmail.com.</p>
<p>Harm Reduction Grant <i>Katy Bies (DHD#10) shared information about the new harm reduction grant at DHD#10:</i></p> <ul style="list-style-type: none"> • Covers Crawford and Lake Counties • Mobile needle exchange and HIV testing unit • Partnership between DHD#10 and the Red Project out of Grand Rapids 	<p>Contact Katy Bies for more information: kbies@dhd10.org.</p>
<p>Lunch & Learn <i>Lauren Moran, Library Director for the Big Rapids Community Library, shared about various health promotion and educational programs and opportunities offered at BRCL.</i></p> <p>Action tip: Contact your local library to learn about what programs/services are offered; utilize your library for education and outreach; get involved!</p>	<p>Contact Lauren for more information: lmoran@bigrapids.lib.mi.us, (231)796-1055</p> <p>See slides (attached) from Lauren’s presentation.</p>
<p>Blue Zones Brainstorm! <i>Attendees discussed the Blue Zones project/research and shared insight from the recent Blue Zones workshop that was held at FSU.</i></p> <ul style="list-style-type: none"> • Blue Zones website: https://www.bluezones.com/ • TED Talk link: https://www.ted.com/talks/dan_buettner_how_to_live_to_be_100 	<p>Contact your local DHD#10 staff for local meeting/follow-up information, or DHD#10 Health Officer, Kevin Hughes, to get involved: khghes@dhd10.org.</p>
COALITION INFO	
<p>MISSION: The mission of the Northwest Michigan Chronic Disease Prevention Coalition is to organize and promote chronic disease-related services and prevention opportunities available in our service region of Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, Osceola and Wexford counties.</p>	
<p>Goals</p> <ol style="list-style-type: none"> 1. Promote policy and environmental changes to reduce chronic disease 2. Communicate the effect of chronic disease 3. Educate constituent groups and the public about chronic disease 4. Collaborate with chronic disease-related organizations 5. Manage chronic disease-related resources 	
<p>Coalition Coordinator Contact Information: Katie Miller, kmiller@dhd10.org, (231) 316-8567. Coalition Facilitator Contact Information: Gail Bullard, gailbullard@ferris.edu</p>	