



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, November 2, 2018

Attendees: Donna Norkoli, DHD #10; Erin Barrett, DHD #10; Sally Mellema, DHD#10; Kim Chandler DHD #10, Joanne Benthum, MSU Extension; Caitlin Hills, DHD #10; Laura Zingg, Kalkaska Memorial Hospital; Beth Langenburg, Spectrum Health Big Rapids; Naomi Hyso, MSU Extension, Sally Wagoner, Spectrum Health Gerber Memorial; Karen Ripke, DHD #10

Discussion	Action
<p>Strategic Planning The group broke into small groups according to workplan objectives and sub-committees Coalition infrastructure PSE Task Force Tobacco Prevention Diabetes Prevention</p> <p>Questions for discussion were:</p> <ol style="list-style-type: none"> 1. Which objectives and activities have made an impact? 2. Are objective measures still valid? 3. Which objectives or activities do we want to discontinue? 4. Are there any initiatives or activities we want to add? 	<p>See attached workplan for changes suggested.</p> <p>Please send comments and feedback to Donna Norkoli dnorkoli@dhd10.org by March 8.</p>
<p><u>PSE Change Task Force – Sally Mellema</u> Sally reported that the guidelines and RFP for FY 19 for the Tencon funding for Coalitions are being sent out in December. The deadline to submit a Request for funding will be March 1, 2019. If coalitions have completed the CHANGE Tool in 2018 they will not need to re-do this year. Coalitions can also opt to complete the Nutrition Environment Assessment tool or the Promoting Active Communities Assessment Tool if that fits their funding request. This year we have added a requirement that each coalition must send a representative to the NMCDPC meetings and a representative from the fiduciary agency must attend the local coalition meetings. Some ideas for funding projects we have added are:</p> <ul style="list-style-type: none"> • Safe Routes to School Project funds 	<p>The PSE Task Force will meet in March to review proposals for PSE funding and continue Summit Planning for next year. Please let Sally know if you would like to be on the planning team. Smellema@dhd10.org</p> <p>The date for the 2019 summit is September 13 at Ferris State University.</p> <p>Sally is developing a document that summarizes what has been done with the PSE funding in our counties.</p>

<ul style="list-style-type: none"> • Non-motorized Transportation Plan for a community • Visioning workshop and Non-motorized transportation demonstration project • Healthy food Access projects – healthy vending, corner stores, choice food pantries • Program training and sustainable materials to be used as ongoing part of the organization’s practices, NDPP, CATCH, PATH, TTS • Health System change for tobacco cessation • Park or playground enhancements for Tobacco-free parks • Farmers market enhancements and promotion or community garden enhancements 	
<p><u>Northern Michigan Diabetes Prevention Program – Kim Chandler</u></p> <p>Please promote the www.mihealthyprograms.org website to providers and community members to access list of DPP classes and locations.</p>	<p>Kim will send a list of NDPP classes to Donna to send out to the group.</p>
<p><u>Tobacco Prevention and Cessation Community/Clinical Linkages Task Force – Donna Norkoli</u></p> <p>Karen Ripke completed a TTS training in November.</p>	<p>The next Meeting of the Tobacco Task Force will be on February 18 at 1 p.m. at the Cadillac office of DHD #10. Call in will be available.</p>
<p><u>LiveWell Website and Newsletter – Erin Barrett</u></p>	<p>Send information on any events you want promoted to Erin Barrett at ebarrett@dhd10.org</p> <p>Content for the Newsletter is due to Erin by .</p>
<p><u>Worksite Wellness- Caitlin Hills</u></p> <p>Caitlin reported on the worksite wellness survey results.</p>	<p>Caitlin has an e-mail list of worksites she sends out monthly newsletters and resources to. Please contact Caitlin at</p>

<p>75% of worksites reported they had implemented some worksite wellness activities. Most are chronic disease prevention educational programs. 100% reported they had policies in place to promote wellness Barriers to implementing worksite wellness were funding, time, employee engagement Two respondents indicated that they provided worksite wellness services to worksites. Many indicated they would like to participate in a worksite wellness summit.</p>	<p>chills@dhd10.org if you want to be added to the list.</p>
<p><u>Member Updates</u></p> <p>Naomi reported that MSUE is implementing programs in all of our counties. MSU extension is implementing Cooking Matters classes. They also can offer DPP, Diabetes path, Dining with Diabetes, Walk with Ease, and A Matter of Balance.</p> <p>Laura reported that there will be a Vaping Summit at the Stonehouse in Kankaska Dec. 11. They are also implementing Freedom from Smoking classes in January for employees and the community. They have a dietitian that provides DPP and a Diabetes Clinic for diabetes management.</p> <p>Beth reported that Spectrum Health Big Rapids received a diabetes prevention grant from the Lions Club. They also have funding to implement Dining with Diabetes.</p> <p>Karen reported that Great American Smokeout activities will be a radio interview and press release to all counties. She is working with the Northern Michigan perinatal smoking workgroup on a grant to the March of Dimes to provide funding for the SCRIPT program.</p> <p>Sally reported that Breathewell in Newaygo County is distributing educational packets and they will display yard signs for the Great American Smokeout. Spectrum Health Gerber Memorial received a grant from the MDHHS tobacco section to implement Health Systems change for tobacco cessation.</p>	

Next meeting date: March, 22, 2019 10 a.m. to 12 p.m. Ferris State University