



## Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

**Friday, March 2, 2018**

**Attendees:** Gail Bullard, Chair, FSU; Donna Norkoli, DHD #10; Karen Ripke, DHD #10; Jeanna Whitten, Family Healthcare; Sally Mellema, DHD#10; Beth Langenburg, Spectrum Health Big Rapids, Shelly Klochack, Spectrum Health Gerber Memorial; Junsin Park, DHD #10 Intern

By Weblink: Erin Barrett, DHD #10; Caitlin Hills, DHD #10; Hollee Roush, Munson Healthcare Manistee Hospital; Natalie Kasiborski, HDNW MI; Kathleen Jakinovich, HDNW MI; Kim Chandler DHD #10

Discussion	Action
<p><b><u>Membership</u></b></p> <p>The group brainstormed partners that should be recruited to this Coalition:</p> <ul style="list-style-type: none"> <li>• American Heart Association</li> <li>• Area Agencies on Aging</li> <li>• Regional Transportation Planning</li> <li>• Community Mental Health</li> <li>• ISDs</li> <li>• Michigan Fitness Foundation</li> </ul> <p>The group discussed reforming the adhoc membership committee to work on recruitment and also to develop a Coalition Assessment. Gail Bullard, Donna Norkoli, Beth Langenburg will be on the committee Hollee Roush may possibly be on the committee or find someone from Munson Healthcare Manistee who might want to be on it.</p>	<p><b>Kim Chandler will contact a person at the ISD.</b></p> <p><b>Beth Langenburg will talk with Kathryn Beagle at CMH.</b></p> <p><b>Sally Mellema has connections with persons from the MFF and will contact. Donna will try AAA again and try to find out contacts at regional transportation agencies.</b></p> <p><b>Donna will e-mail the NMCDPC members an invitation to a meeting of the Membership Committee to review the member roster, identify gaps, brainstorm recruitment and develop a coalition assessment. She will then send out a Doodle Poll to determine best dates for a call.</b></p>
<p><b><u>Worksite Wellness – Caitlin Hills</u></b></p> <p>Caitlin is in the process of collecting information to develop a list of worksites that are implementing wellness programs for employees. She is also gathering information on agencies that provide worksite wellness programs. We would like to publish a resource guide for worksites. She is also planning on developing a quarterly newsletter to highlight worksite wellness programs.</p>	<p><b>Caitlin will develop a form for reporting information on worksites and information on worksite programs provided and Donna will send out to all coalition members to fill in information they have.</b></p>
<p><b><u>PSE Change Task Force</u></b></p> <p>Sally reviewed the guidelines for the Tencon funding. Proposals from the local coalitions must relate to each</p>	<p><b>Next PSE GROUP Meeting: April 13 at 10 a.m. at DHD #10 in Baldwin</b></p> <p><b>Save the Date September 21 for the 2<sup>nd</sup></b></p>

county's CHIP objectives and/or the CHANGE tool assessment. A committee will be formed to review the proposals and approve April 13 at 10 a.m. at the Baldwin office of DHD#10. **Proposals are due to Sally by March 31.**

The Live Well Newaygo County has submitted a proposal to work with Newaygo County schools to complete an PSE assessment and implement a PSE change for nutrition or healthy eating.

Karen mentioned ideas for the proposal for Mecosta county.

- Tobacco free policy signage for Public Housing
- Community Cancer Screening promotion
- Partial funding for an outdoor gym for a park

The date and location for the 2018 Summit has been set. It will be on September 21 at Ferris State University in the same venue as last year. Sally reported that this year Coalition members will have the option to do a speaking presentation or a poster presentation of their funded project. She asked for ideas for a keynote speaker. We thought of some local Michigan speakers who would not charge much. Donna knows of some UP projects that have been successful and people may speak about them.

**Northern Michigan Diabetes Prevention Program – Kim Chandler**

Next upcoming NM DPP Collaborative teleconference: April 30, 1:30-3:00. It will be a Go to Meeting call.

Next upcoming State of Michigan DPP Network Meeting: March 21st

There are new 2018 CDC changes in reporting for DPP providers and also changes in who is eligible. New CDC guidelines came out on March 1, 2018.

Agencies can begin applying to be a Medicare DPRP supplier effective January 1, 2018. Medicare will begin reimbursing approved CDC recognized providers effective April 1, 2018.

Kim reported that there is participation on the Task Force from the State. The State has developed a Provider Toolkit.

**Annual Chronic Disease Prevention Summit!**

**Link to DHD #10 CHIP:**

<https://www.dhd10.org/about-us/community-health-improvement-plan/>

**Sally will send out the speaker presentation request forms soon.**

**Please promote the [www.mihealthyprograms.org](http://www.mihealthyprograms.org) website to providers and community members to access list of DPP classes and locations.**

**Tobacco Prevention and Cessation Community/Clinical Linkages Task Force – Donna Norkoli and Karen Ripke**

Are we making progress?

Yes! Referrals to DHD #10 Tobacco Treatment Specialists has been increasing. From October, 2017 to January, 2018 we have had 54 referrals. 3 people have quit tobacco after TTS sessions. TTS is now available in all 10 counties in the region. Laura Rush at Spectrum Health Big Rapids and Kelly Barnhardt at Spectrum Health Ludington are taking referrals now. All these services are on the Live Well website. We are looking into reimbursement for TTS. Referrals have increased but enrollment rates and no shows are a barrier. The Tobacco Task Force Group is working on solutions.

Karen Ripke and Angie Gullekson will be conducting cessation services at 4 Winns in Cadillac in April.

DHD #10 and Spectrum Health have developed some maternal smoking packets which will be distributed in April for the Month of the Young Child.

There have been 34 referrals from our counties to the Quitline from October – January. This has decreased from two years ago at this time.

The Great American Smokeout campaign shows the power of media. Through a grant from United Healthcare which was a partnership of Spectrum Health Gerber, Family Healthcare adolescent health centers and DHD #10 we conducted a comprehensive media and educational campaign. Spectrum Health Gerber memorial in Newaygo County reported 187 contacts for tobacco cessation information after the GAS. The Quitline referrals for Newaygo County were 6 from Oct. to January and 5 of the calls were in November.

Newaygo county received a grant to conduct Kick Butts Day activities. KBD is March 21.

Karen discussed recruitment of healthcare provider offices to complete a readiness assessment for health systems change for tobacco dependence treatment. This assessment is not a commitment to make huge changes. It is designed to provide information on what current practices are for tobacco cessation and to provide ideas for changes that providers may want to make to improve cessation services for patients. Karen is working with Public Housing in Mecosta County to offer cessation services to those housing authorities

**The next Meeting of the Tobacco Task Force will be on March 26 at 1 p.m. at the Cadillac office of DHD #10. Call in will be available.**

**Karen Ripke is available to arrange for tobacco cessation for all public housing that are adopting smokefree policies.**

**Please call Karen Ripke if you know of a provider office that may want to work with DHD #10 on health system change for tobacco cessation.**

<p>required to go smokefree in July 2018.  Karen plans on conducting a TTS training in August of 2018. We would need 8 participants to be able to hold the training. We are also promoting the SCRIPT program for pregnant women across our region. FSU public health students are working on tobacco free campus policy implementation. Students have drafted a very comprehensive policy to take to administrators.</p> <p>Erin reported that West Shore Community College received a grant to implement a Tobacco Free Campus Policy.</p>	
<p><b><u>LiveWell Website and Newsletter – Erin Barrett</u></b></p> <p>What do we want to highlight for the May 1<sup>st</sup> Newsletter?  April is Month of the Young Child – pre-natal tobacco use prevention activities  Spectrum Health Gerber – CATCH Program</p> <p>We will also highlight some activities on the LiveWell website for June.</p>	<p><b>Send information on any events you want promoted to Erin Barrett at <a href="mailto:ebarrett@dhd10.org">ebarrett@dhd10.org</a></b></p> <p><b>Content for the May1st Newsletter is due to Erin by April 20<sup>th</sup>. Please send Erin Barrett info you would like highlighted on the website for June by May 20<sup>th</sup>. Erin will send out some guidelines regarding formatting of highlights.</b></p>

**Next meeting date: May 4, 2018 from 10 – 12.**