



## Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

**Friday, January 5, 2018**

**Attendees:** Gail Bullard, Chair, FSU; Donna Norkoli, DHD #10; Karen Ripke, DHD #10; Jeanna Whitten, Family Healthcare; Erin Barrett, DHD #10, Sally Mellema, DHD#10, Caitlin Hills, DHD #10; Beth Langenburg, Spectrum Health Big Rapids

By Weblink: Molly Cotant, MDHHS; Courtney Cole, MDHHS; Cheryl Melroy, Munson Healthcare Grayling Hospital; Hollee Roush, Munson Healthcare Manistee Hospital; Kim Benz, Munson Healthcare Cadillac Hospital; Andrea Cassell, ACS; Kelly Barnhardt, Spectrum Health Ludington; Patricia Heiler, MDHHS, Joanne Benthem, Wexford County MSU Extension

Discussion	Action
<p><b><u>NMCDPC FY 18 Action Plan</u></b></p> <p>Donna reviewed the accomplishments from the FY 17 Action Plan:</p> <ul style="list-style-type: none"> <li>• Infrastructure improvements, membership, task force groups formed</li> <li>• PSE Change strategies approved and funded locally</li> <li>• 1<sup>st</sup> Annual PSE Change Conference held</li> <li>• Tobacco cessation community/clinical linkages accomplishments, TTS training and increase number of TTS to provide cessation services</li> <li>• NDPP are being promoted and are on the statewide website</li> </ul> <p>The group reviewed the FY 18 Action Plan objectives and activities. We added a worksite wellness objective and a Communications objective to promote the Livewell website and Facebook page.</p>	<p><b>Donna will make corrections identified by members and resend with meeting minutes.</b></p> <p><b>Please provide any input on best ways to implement this plan to meet objectives.</b></p> <p><b>Donna will e-mail the NMCDPC members an invitation to a meeting of the Membership Committee to review the member roster, identify gaps, brainstorm recruitment and develop a coalition assessment.</b></p>
<p><b><u>PSE Change Task Force</u></b></p> <p>Sally discussed the guidelines for the Tencon funding. Proposals from the local coalitions must relate to each county's CHIP objectives and the CHANGE tool assessment. A committee will be formed to review the proposals and approve in early April. Proposals are due to Sally by March 31.</p> <p>The date and location for the 2018 Summit has been set. It will be on September 21 at Ferris State University in the same venue as last year.</p>	<p><b>Next PSE GROUP Meeting: February 16 at 10 a.m. at FSU Room 116 at the University Center</b></p> <p><b>Save the Date September 21 for the 2<sup>nd</sup> Annual Chronic Disease Prevention Summit!</b></p> <p><b>Link to DHD #10 CHIP:</b>  <a href="https://www.dhd10.org/about-us/community-health-improvement-plan/">https://www.dhd10.org/about-us/community-health-improvement-plan/</a></p>

<p><b><u>Tobacco Prevention and Cessation Community/Clinical Linkages Task Force – Donna Norkoli and Karen Ripke</u></b></p> <p>Donna provided a presentation on the results of the regional healthcare provider tobacco cessation survey. Forty-five providers completed the survey which was conducted in 2016-17. We would like to conduct the survey again in 2019 to see if our work with providers offices is making a difference.</p> <p>Karen discussed recruitment of healthcare provider offices to complete a readiness assessment for health systems change for tobacco dependence treatment. This assessment is not a commitment to make huge changes. It is designed to provide information on what current practices are for tobacco cessation and to provide ideas for changes that providers may want to make to improve cessation services for patients. Karen is working with Public Housing in Mecosta County to offer cessation services to those housing authorities required to go smokefree in July 2018. Karen plans on conducting a TTS training in FY 2018. We would need 8 participants to be able to hold the training. We are also promoting the SCRIPT program for pregnant women across our region. FSU public health students are working on tobacco free campus policy implementation. Students have conducted surveys in 10 classes on campus and conducted an online survey for staff to determine support for a Tobacco-free campus. There is also a petition circulating for students and staff to sign. Policy development is the next step.</p> <p>Erin reported that West shore community College applied for a grant to implement a tobacco Free Campus Policy. They are waiting to hear if they receive it. She provided a presentation on Campus about the benefits of a tobacco free campus.</p>	<p>The next Meeting of the Tobacco Task Force will be on February 26 at 1 p.m. at the Cadillac office of DHD #10. Call in will be available.</p> <p><b>Karen Ripke is available to arrange for tobacco cessation for all public housing that are adopting smokefree policies.</b></p> <p><b>Please call Karen Ripke if you know of a provider office that may want to work with DHD #10 on health system change for tobacco cessation.</b></p>
<p><b><u>Northern Michigan Diabetes Prevention Program</u></b></p> <p>Next upcoming NM DPP Collaborative teleconference: January 29th 1:30-3:00  Next upcoming State of Michigan DPP Network Meeting: March 21st</p> <p>There are new 2018 CDC DPRP Standards which we will be discussing on the January 29th call.</p>	<p><b>Contact Kim Chandler at <a href="mailto:kchandler@dhd10.org">kchandler@dhd10.org</a> or Amanda Woods <a href="mailto:awoods@mhc.net">awoods@mhc.net</a> if interested in participating on the NMDPP Collaborative</b></p> <p><b>Visit <a href="http://www.mihealthyprograms.org">www.mihealthyprograms.org</a> to see a list of upcoming DPP classes across Michigan including classes in our</b></p>

<p>Agencies can begin applying to be a Medicare DPRP supplier effective January 1, 2018. Medicare will begin reimbursing approved providers effective April 1, 2018.</p>	<p><b>region. Baldwin, Big Rapids, Cadillac, Fremont, Grayling, Manistee, Reed City and Traverse City all have upcoming classes listed on this site (and several others outside of our region).</b></p>
<p><b><u>LiveWell Website and Newsletter Update</u></b></p> <p>Erin reported that she is working with the DHD #10 PIO to develop a more user friendly and updated Live Well website. Please look on the website for information, meeting minutes and agendas for the NMCDPC. Each county has its own page so you can promote local events on the local pages as well.</p> <p>The January quarterly newsletter will be sent out in early February. The next newsletter covering January, February and March will be out in April with content being due to Erin by April 20<sup>th</sup>. The additional newsletters will be out in July and October 2018.</p>	<p><b>Send information on any events you want promoted to Erin Barrett at <a href="mailto:ebarrett@dhd10.org">ebarrett@dhd10.org</a></b></p> <p><b>Content for the April Newsletter is due to Erin by April 20<sup>th</sup>.</b></p>
<p><b><u>Worksite Wellness Update</u></b></p> <p>Caitlin Hills, Health Educator at DHD #10, introduced herself to the members. She will be coordinating activities in the NMCDPC Action Plan related to the worksite wellness objective. Our goal is to provide a network of resources for worksites that want to implement worksite wellness programming and promote NMCDPC members' programs available to worksites. She will also be updating the LiveWell website with worksite wellness resources.</p>	<p><b>Please send information on worksite wellness programs your agency might be offering to Caitlin Hills at <a href="mailto:chills@dhd10.org">chills@dhd10.org</a></b></p>
<p><b><u>Member Updates</u></b></p> <p>Beth Langenburg, Spectrum Health Big Rapids: A Health Coach has been added to the Diabetes Program at SHBR. Laura Rush has been trained as a tobacco treatment specialist and is taking referrals for tobacco cessation. Her number is 231-832-6636. SHBR has partnered to conduct A1c screenings at the food pantry in lake County.</p> <p>Karen Ripke, DHD#10: A Tobacco Cessation Program is being offered at the Grayling Hospital starting in January. Karen will be providing the cessation services.</p> <p>Erin Barrett, DHD #10: The Mason County Health coalition is meeting regularly each month and has developed a coalition action plan. This coalition started in FY 17.</p> <p>Caitlin Hills, DHD#10: The Cadillac Area Health Coalition in Wexford and Missaukee Counties will be conducting strategic planning in January.</p>	

Gail Bullard, Ferris State University:

The series, Understanding Healthcare Reform, will be starting this spring. Dates are March 13, 20 and 27 at the University Center. There will be discussion on ER use and when to visit a physician. “What does that Mean to You as a Patient?”

Ferris State university is hosting a Rural Health Conference on April 3, 2018. A Human Trafficking Conference will be held on April 10 and 11.

Cheryl Melroy, Munson Healthcare Grayling:

Cheryl is working with the Crawford Health Improvement committee to advocate for tobacco free parks in Crawford County. They have also implemented a walking challenge to promote newly signed “Lunch Loops”.

Kim Benz, Munson Healthcare Cadillac:

Kim reported that Munson is partnering with TV 9 & 10 News on a program “The Four” to promote health. The hospital is implementing “Wellness Wednesdays” with a Wellness Launch on January 10<sup>th</sup>.

**Next meeting date: March 2, 2018 from 10 – 12.**