



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, March 3, 2017

Attendees: Kim Chandler, DHD #10; Molly Cotant, MDHSS; Sally Wagoner, Spectrum Health Gerber; Karen Ripke, DHD #10; Gail Bullard, FSU; Linda St. Clair, FSU; Nick Homant, DHD #10 Intern; Donna Norkoli, DHD #10.

By Weblink: Sally Mellema, DHD #10; Cheryl Melroy, Munson Healthcare Grayling; Kim Benz, Munson Healthcare Cadillac; Doris Silver, West Shore Medical; Sonya MacDonald, Family Health Care; Andrea Cassel, American Cancer Society; Andrea McFall, MDHHS; Catalina Burillo, Mercy Health Lakeshore

Discussion	Action
<p><u>Live Well website and Facebook page</u></p> <ul style="list-style-type: none"> The NMCDPC webpage has been updated with meeting minutes for the Coalition as a whole and the 3 Task Force Groups. The quarterly Newsletters will also be available on this page. http://www.livewell4health.org/nw-mi-chronic-disease There is now a scrolling events calendar on the home page where event flyers can be posted. http://www.livewell4health.org/ 	<p>Please send articles for the next newsletter to be published on March 31 to Donna Norkoli at dnorkoli@dhd10.org by March 15.</p> <p>Send flyers and/or information regarding community events related to chronic disease prevention to dnorkoli@dhd10.org</p> <p>Follow up to Pam Daniels request for community resources on physical activity: Action: If any agencies have free or low cost programs going on please e-mail information to dnorkoli@dhd10.org to place on the www.livewell4health.org website. MSU Extension can then refer participants in the diabetes management program to this website.</p>
<p><u>Presentation on the MDHHS Tobacco Program Strategic Plan</u></p> <p>Molly Cotant, Consultant for the MDHHS Tobacco Control Program, provided a presentation regarding statistics on tobacco use rates for disparate populations and best practices for reducing rates of tobacco use for those populations, particularly the low socio-economic populations which are prevalent in our CDP region.</p>	<p>Action; For specific data on tobacco use rates for specific populations contact Molly Cotant at cotantm@michigan.gov</p> <p>Also for copies of her slide presentation contact Molly.</p> <p>Thank you Molly!</p>

<p><u>PSE Change Task Force – Sally Mellema</u> Sally reported that the Lake County Proposal for Tencon funding was approved at the last PSE task force meeting. The proposal included funding awarded to the Lake County Community Food Policy Council for the 501c3 application fee, canning supplies for a lending library for communities in Lake Co., and community garden supplies.</p> <p>The Summit on Chronic Disease Prevention is being planned by the PSE change Task Force. The date will be Sept. 22, 2017 at Ferris State University – University Center from 8:30 – 3:30. The Task Force Group is working on an agenda to include 3 keynote speakers and popcorn sessions from Coalition successes in our communities. Speaker possibilities include:</p> <ul style="list-style-type: none"> • MDHHS programs on chronic disease • Michigan State University Extension • Michigan Nutrition Network • Ferris State University 	<p>Action: If you are involved with a local Chronic Disease Prevention Coalition, please get your proposal for funding to Donna by March 31. Proposals will be reviewed at the next PSE Change Strategy Task Force meeting on April 21 from 10 am to 12 pm at the DHD #10 Baldwin office</p> <p>Sally will be sending out calls for abstracts for speakers. If you know of any excellent speakers please contact Sally at smellema@dhd10.org</p>
<p><u>DPP Task Force – Kim Chandler</u> Kim reported that the first meeting of this group was February 6th. There were 31 participants but the number from our coalition was small. This task force is combined with northern counties of the Northern Michigan Diabetes Initiative.</p> <p>The group will meet quarterly. March 22 will be a State of Michigan diabetes workshop meeting in Lansing. For details contact Kim at kchandler@dhd10.org.</p>	<p>Next Meeting: May 1 from 1:30 – 3. This will be a call in webinar.</p>
<p><u>Tobacco Prevention and Cessation Community/clinical Linkages Task force – Donna Norkoli</u> Donna reported that the group met on January 23. The task force is working on:</p> <ul style="list-style-type: none"> • Promotion of the DHD #10 Healthcare Provider Office tobacco cessation survey. We have 26 provider office staff that have completed the survey. These offices are from Manistee, Newaygo, and Wexford counties. • Increasing tobacco cessation referrals 	<p>Donna will send the survey link out to members to distribute to provider offices.</p> <p>Karen will be sending out a Save the Date for the Tobacco treatment specialist Training in the next week.</p> <p>The next Meeting of the Tobacco Task Force will be on April 17 at 1 p.m. at the Wexford PHO office. Call in will be available.</p>

<p>to both the Michigan Tobacco Quitline and Tobacco Treatment Specialist Programs.</p> <ul style="list-style-type: none"> • Increasing referrals for lung cancer screening • Implementing a Tobacco Treatment specialist Training <p>Karen Ripke, TTS, will be implementing the training which will take place the first week in June. It is a four day training. The cost will be \$1000 per participant. The training will be held in Cadillac.</p>	
<p>Donna provided a report on the Wexford/Missaukee funding that was awarded last month. 10 worksites in Cadillac and 5 worksites in Lake City will be receiving funding for worksite wellness projects that include sustainable PSE change.</p> <p>Donna presented a proposal from Live Well Manistee County for funding to increase physical activity among youth in Manistee. The funding would provide physical activity equipment for the new Armory Youth Project. The proposal was discussed and questions from the group included:</p> <ul style="list-style-type: none"> • Is there an agency that will serve as the fiduciary? • Are programs open to all youth in Manistee County <p>Can they add an evaluation component such as reporting number of youth served? Gail Bullard made a motion to approve the proposal. Kim Chandler seconded. The motion passed.</p>	<p>Donna will send an e-mail to the Manistee Coalition chair with requirements to address questions and re-submit proposal.</p>
<p><u>Bridges to Healthcare Update – Gail Bullard</u> Gail reported that the Bridges to Healthcare Training was held on Feb. 10th. She can provide the training for the cost of the books which are \$18 apiece and food for participants. Her time to conduct the training is at no cost. Gail is working on publishing the results of her Lean Six Sigma work.</p>	<p>Please contact Gail at gailbullard@ferris.edu if you would like to have her do a training or if you would like a copy of her Lean Six Sigma slides.</p>

Member Updates

Kim Chandler – Crawford County is working on funding from a non-motorized trail through NEMCOG. There is a DPP class starting in Wexford County on March 7 at DHD #10.

Sally Wagoner, Spectrum Health Gerber –

Spectrum Health Gerber is hosting a community event, Healthy Minds, Healthy Bodies with speakers on lung health and information about lung cancer screening.

March 15 and 16 there will be tobacco cessation lunch and learns at Spectrum Health Big Rapids and Reed City.

Tuesday, March 14 there will be an Open House at Spectrum Gerber for the new tobacco cessation office.

Through the UnitedHealthcare grant project for Newaygo County, Kick Butts Day events will be conducted by Youth Advisory Council and Adolescent Health Center students at Newaygo county schools. Two groups of students from the Career Tech. Center will be conducting presentations on March 20 at the Dogwood Center in Fremont.

Andrea Cassell – ACS

ACS Lobby Day is May 3. People are invited to meet with the legislators to advocate for tobacco prevention.

Karen Ripke – DHD #10

DHD #10 will be distributing packets with information about the dangers of smoking g while pregnant and smoking around children for Month of the Young Child in April. She will also be at community events with information and the Smoke-free home pledge.

Intern Aman Chahal is working on advocating for a tobacco-free campus at FSU. Intern Nick Homant is working on Girls on the Run offered in all 11 counties.

Mecosta County now has 4 sites for community gardens.

DHD #10 is partnering with the Susan P. Wheatlake Cancer Center to offer free cancer screenings on April 14. Promotion of lung cancer screenings will also be available.

Linda St. Clair - FSU Dental Hygiene Program

Linda expressed a need for dental hygiene students to be trained in tobacco cessation.

Gail Bullard – FSU

Gail reported that there will be an “Understanding Healthcare reform lecture series at FSU in March. Donna will send out an announcement. DHD #10 will be presenting on March 22 on the Mecosta County Community Health Needs Assessment results.

Catalina Burillo – Mercy Health Project

There will be a summit on race and Inclusion in Muskegon. On June 14, the Oceana Health Disparities Reduction Collaborative will host a training on cultural competency.

Kim Benz – Munson Health Care Cadillac

Kim reported that Munson Healthcare Cadillac has identified obesity prevention and reduction as a priority focus area in the Community Health Improvement Plan

Sally Mellema – DHD #10

The date for the CDP summit is confirmed for Friday, Sept. 22 at Ferris State University.

Next meeting date: June 2, 2017 from 10 – 12 at Ferris State University.