



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, August 25, 2017

Attendees: Gail Bullard, Chair, FSU; Donna Norkoli, DHD #10; Sally Mellema, DHD #10; Amber Jaworski, DHD #10; Melanie Perry, DHD #10; Kim Chandler DHD #10; Karen Ripke, DHD #10; Sally Wagoner, Spectrum Health Gerber Memorial; Julie Burke, Family Healthcare; Anuli Njoku, Ferris State University; Fathima Wakeel, Ferris State University

By Weblink: Molly Cotant, MDHHS; Angela McFall, MDHHS; Courtney Cole, MDHHS; Kelly Barnhardt, Spectrum Health Ludington Hospital

| Discussion | Action |
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| <p>DHD #10 Community Health Improvement Plan Update</p> <p>Donna reported that the DHD #10 2017 Community Health Improvement Plan which covers the ten counties in the DHD #10 jurisdiction is being finalized. Summits to gather final input on objectives and strategies from community members will be held in September in each county.</p> <p>Donna reviewed the overarching DHD #10 goals and objectives that relate to chronic disease prevention. Goals are:</p> <ul style="list-style-type: none"> • Decrease the percent of women who smoke while pregnant • Decrease the percent of adults who report being obese | <p>Link to DHD #10 CHNA: http://www.dhd10.org/about-us/community-health-needs-assessment/ Donna will send out notices of local Summits for each county.</p> |
| <p>CHIR Updates</p> <p>Amanda Jaworski presented information about the Community connections Project through the Northern Michigan Community Health Innovation Region. The DHD #10 Hub project focuses on Pathways for referrals based on the social determinants of health.</p> <p>Melanie Perry presented regarding the Able Change model that the CHIR is using to develop a strategic plan to reduce obesity. There will be a training on October 11th and 12th to continue planning using this model. Partners in Manistee, Kalkaska, Wexford and Missaukee counties will be given first priority but this training will be open to all NMCDC members.</p> | <p>Donna will send community connections handouts to all members with the meeting minutes.</p> <p>Donna will send out the notice for the training when it becomes available.</p> |
| <p>NMCDPC PSE Summit</p> <p>Sally reviewed the agenda for the conference that the PSE Task Force group had developed. The conference</p> | <p>Donna will send the agenda and registration brochure to all contacts who might be interested statewide. This should be</p> |

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| <p>will be held on September 23 from 8:30 – 3:30 at Ferris State University. We now have 77 people registered and attendance will be limited to 100 people. We will have 5 tables for poster presentations and for people to bring information to share with participants. Breakfast and registration will be at 8 a.m.</p> | <p>available the week of August 28th.</p> |
| <p><u>PSE Change Task Force – Sally Mellema</u></p> <p>Mason County submitted a proposal for funding which the PSE group reviewed on August 4th and made recommendations for changes. Changes were made and the proposal was resubmitted. The proposal will provide funding for health module materials for the win with wellness fit club program, physical activity equipment for the Ludington senior center and funding to implement the Walk with Ease Program at 4 senior centers in Mason County.</p> | <p>Next PSE GROUP Meeting : TBD</p> |
| <p><u>Tobacco Prevention and Cessation Community/clinical Linkages Task Force – Donna Norkoli and Karen Ripke</u></p> <p>Trained TTS specialists met to coordinate services in respective counties so all counties are covered. The group discussed the new tobacco cessation resources brochure and content.</p> <p>Karen is working with Public Housing in Mecosta County to offer cessation services to those housing authorities required to go smokefree.</p> <p>Karen plans on conducting a TTS training in the spring of 2018. We are also promoting the SCRIPT program for pregnant women across our region.</p> <p>FSU received a grant for a tobacco free campus policy implementation. Students are working on this and have been invited to U of M for technical assistance.</p> | <p>The next Meeting of the Tobacco Task Force will be on November 27 at 1 p.m. at the Cadillac office of DHD #10.. Call in will be available.</p> <p>Karen Ripke is available to arrange for tobacco cessation for all public housing that are adopting smokefree policies.</p> |
| <p><u>Northern Michigan Diabetes Prevention Program</u></p> <p>Medicare will pay for DPP as a covered service in 2018. There is a proposed drat and request for comments through Sept. DHD #10 has scheduled classes beginning Nov. 6 in Cadillac, oct. 3 in Oceana, and in November in Mecosta county.</p> <p>The State is conducting a survey for feedback from providers and also offering trainings by webinar.</p> | <p>Next meeting is: Oct. 30 Regional Collaborative Call</p> <p>For call-in information contact Kim Chandler kchandler@dhd10.org</p> <p>For information on DPP classes go to: mihealthyprograms.org Midiabetesprevention.org Dates: Aug. 30 Statewide call Oct. 12 Face to Face Meeting in Lansing</p> |
| <p><u>Member Updates</u></p> <p>Andrea Cassell – ACS</p> <p>The MCC statewide conference and webinar is on Sept. 27. Angela introduced Courtney Cole as the new representative for this Coalition. She is a primary prevention coordinator.</p> | |

Sally Mellema – DHD #10 Lake County

Sally reported that the Lake County Food Pantry is now a Choice Pantry. MSU is collecting data on the pantry. Canning classes are being offered. Sally is working with restaurants to promote healthy menu labeling.

Sally Wagoner- Spectrum Health Gerber Memorial

Sally reported that the Breathewell coalition, in partnership with the DHD #10 UHC tobacco grant, is planning events for GAS on Nov. 16. The theme will be “Start Fresh” with messages to quit or to smoke outside.

Anuli Njoku, Ferris State University

Anuli is the intern coordinator for the public health students. Eight students graduated from the program in May.

Fathima Wakeel- Ferris State University

Fathima reported that FSU is planning to conduct research to reduce pre-natal smoking. They are also starting an Opioid Reduction Task Force.

Kelly Barnhardt- Spectrum Health Ludington

The Spectrum Health Fit Club for students is now in 14 schools in mason county and provides wellness programming. Spectrum health has begun the Med Now program for telehealth access. Spectrum Health also has an employee CSA program with healthy menu recipes. Kelly is also starting the TTS program for tobacco cessation.

Molly Cotant – MDHHS Tobacco Section

October 18 is the Tobacco Contractor’s meeting in Lansing for contractors funded through the tobacco section to work on tobacco control and prevention. October 19 is the Tobacco Free Michigan meeting. Angela Glock is the Executive Director. The Tobacco Section has also hired a new Section Manager, Julia Hitchingham.

Next meeting date: November 3, 2017 from 10 – 12 at Ferris State University.